



## Temps accordé en CSO



Le calcul du temps accordé se fait selon la formule suivante : distance divisée par vitesse, multiplié par 60 = temps accordé en secondes.  
 Par exemple, pour une distance de 430 mètres à la vitesse de 220 mètres par minute,  $(430 \text{ m} \div 220 \text{ m/min}) \times 60 \text{ s} = 117''$  soit 1'57''

Calculs du temps accordé vitesse 250 m/min										
(m)	00	10	20	30	40	50	60	70	80	90
100	24''	26''	29''	31''	34''	36''	38''	41''	43''	46''
200	48''	50''	53''	55''	58''	60''	62''	65''	67''	70''
300	72''	74''	77''	79''	82''	84''	86''	89''	91''	94''
400	96''	98''	101''	103''	106''	108''	110''	113''	115''	118''
500	120''	122''	125''	127''	130''	132''	134''	137''	139''	142''
600	144''	146''	149''	151''	154''	156''	158''	161''	163''	166''
700	168''	170''	173''	175''	178''	180''	182''	185''	187''	190''
800	192''	194''	197''	199''	202''	204''	206''	209''	211''	214''
900	216''	218''	221''	223''	226''	228''	230''	233''	235''	238''

Calculs du temps accordé vitesse 270 m/min										
(m)	00	10	20	30	40	50	60	70	80	90
100	22''	24''	27''	29''	31''	33''	36''	38''	40''	42''
200	44''	47''	49''	51''	53''	56''	58''	60''	62''	64''
300	67''	69''	71''	73''	76''	78''	80''	82''	84''	87''
400	89''	91''	93''	96''	98''	100''	102''	104''	107''	109''
500	111''	113''	116''	118''	120''	122''	124''	127''	129''	131''
600	133''	136''	138''	140''	142''	144''	147''	149''	151''	153''
700	156''	158''	160''	162''	164''	167''	169''	171''	173''	176''
800	178''	180''	182''	184''	187''	189''	191''	193''	196''	198''
900	200''	202''	204''	207''	209''	211''	213''	216''	218''	220''

Calculs du temps accordé vitesse 300 m/min										
(m)	00	10	20	30	40	50	60	70	80	90
100	20''	22''	24''	26''	28''	30''	32''	34''	36''	38''
200	40''	42''	44''	46''	48''	50''	52''	54''	56''	58''
300	60''	62''	64''	66''	68''	70''	72''	74''	76''	78''
400	80''	82''	84''	86''	88''	90''	92''	94''	96''	98''
500	100''	102''	104''	106''	108''	110''	112''	114''	116''	118''
600	120''	122''	124''	126''	128''	130''	132''	134''	136''	138''
700	140''	142''	144''	146''	148''	150''	152''	154''	156''	158''
800	160''	162''	164''	166''	168''	170''	172''	174''	176''	178''
900	180''	182''	184''	186''	188''	190''	192''	194''	196''	198''

Calculs du temps accordé vitesse 330 m/min										
(m)	00	10	20	30	40	50	60	70	80	90
100	18''	20''	22''	24''	25''	27''	29''	31''	33''	35''
200	36''	38''	40''	42''	44''	45''	47''	49''	51''	53''
300	55''	56''	58''	60''	62''	64''	65''	67''	69''	71''
400	73''	75''	76''	78''	80''	82''	84''	85''	87''	89''
500	91''	93''	95''	96''	98''	100''	102''	104''	105''	107''
600	109''	111''	113''	115''	116''	118''	120''	122''	124''	125''
700	127''	129''	131''	133''	135''	136''	138''	140''	142''	144''
800	145''	147''	149''	151''	153''	155''	156''	158''	160''	162''
900	164''	165''	167''	169''	171''	173''	175''	176''	178''	180''

Calculs du temps accordé vitesse 350 m/min										
(m)	00	10	20	30	40	50	60	70	80	90
100	17''	19''	21''	22''	24''	26''	27''	29''	31''	33''
200	34''	36''	38''	39''	41''	43''	45''	46''	48''	50''
300	51''	53''	55''	57''	58''	60''	62''	63''	65''	67''
400	69''	70''	72''	74''	75''	77''	79''	81''	82''	84''
500	86''	87''	89''	91''	93''	94''	96''	98''	99''	101''
600	103''	105''	106''	108''	110''	111''	113''	115''	117''	118''
700	120''	122''	123''	125''	127''	129''	130''	132''	134''	135''
800	137''	139''	141''	142''	144''	146''	147''	149''	151''	153''
900	154''	156''	158''	159''	161''	163''	165''	166''	168''	170''

Calculs du temps accordé vitesse 375 m/min										
(m)	00	10	20	30	40	50	60	70	80	90
100	16''	18''	19''	21''	22''	24''	26''	27''	29''	30''
200	32''	34''	35''	37''	38''	40''	42''	43''	45''	46''
300	48''	50''	51''	53''	54''	56''	58''	59''	61''	62''
400	64''	66''	67''	69''	70''	72''	74''	75''	77''	78''
500	80''	82''	83''	85''	86''	88''	90''	91''	93''	94''
600	96''	98''	99''	101''	102''	104''	106''	107''	109''	110''
700	112''	114''	115''	117''	118''	120''	122''	123''	125''	126''
800	128''	130''	131''	133''	134''	136''	138''	139''	141''	142''
900	144''	146''	147''	149''	150''	152''	154''	155''	157''	158''

Calculs du temps accordé vitesse 400 m/min										
(m)	00	10	20	30	40	50	60	70	80	90
100	15''	17''	18''	20''	21''	23''	24''	26''	27''	29''
200	30''	32''	33''	35''	36''	38''	39''	41''	42''	44''
300	45''	47''	48''	50''	51''	53''	54''	56''	57''	59''
400	60''	62''	63''	65''	66''	68''	69''	71''	72''	74''
500	75''	77''	78''	80''	81''	83''	84''	86''	87''	89''
600	90''	92''	93''	95''	96''	98''	99''	101''	102''	104''
700	105''	107''	108''	110''	111''	113''	114''	116''	117''	119''
800	120''	122''	123''	125''	126''	128''	129''	131''	132''	134''
900	135''	137''	138''	140''	141''	143''	144''	146''	147''	149''